JOURNAL OF A New Approach in Teaching and Learning
Research Center of Knowledge-based Businesses & Resource Management Studies
https://www.jnael.ir
Volume 1, Issue 2, Summer 2025, Pages 32 to 42
eISSN: 3150-4078
Original Article (Quantitative)

A Comparison of Hardiness, Loneliness, and Social Competence among High School Students

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Receive:
28 April 2025
Revise:
12 June 2025
Accept:
17 August 2025

Keywords:
Hardiness, Loneliness, Social Adequacy, Teenagers

Abstract

The aim of the present study was to compare hardiness, loneliness, and social competence among male and female adolescents in the second secondary school of Babol city. This study was applied in terms of its purpose and was causal-comparative in terms of its data collection method. The statistical population included all male and female students in the second secondary school of Babol city, approximately 2400 people. The research sample consisted of 50 male and female students who were selected using a staged cluster sampling method. Then, using a convenience sampling method, they were divided into two control and experimental groups, each consisting of 25 people (25 boys and 25 girls). To measure the research variables, the Kubasa et al. (1979) Hardiness Questionnaire, Russell, Pilva, and Cortona's Loneliness Questionnaire (1980) and Felner's Social Adequacy Questionnaire (1990) were used. The collected data were analyzed using an independent t-test to examine the equality of variances and compare independent means. The results showed that stubbornness and loneliness were significantly higher among female adolescents than male adolescents in the second secondary school of Babol city, while social competence was reported to be higher among male adolescents than female adolescents.

Please cite this article as (APA): Asghartabar Ledary, Z. & Yaghoubi Hassan-Kola, G. (2025). A Comparison of Hardiness, Loneliness, and Social Competence among High School Students. New Approach in Teaching and Learning, 1(2), 32-42.

https://doi.org/10.22034/jnael.2025.251061

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Publisher: Research Center of Resource Management Studies and Knowledge-Based Business

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